

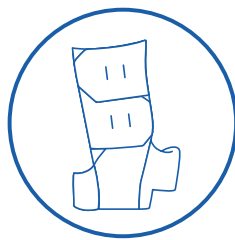
# Juxta Cures compression wrap

## VENOUS LEG ULCERS

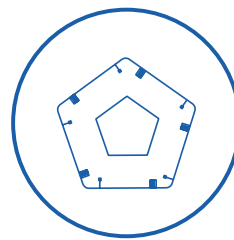
### ITEMS NEEDED



A. Undersleeve  
liner (footless)



B. Juxta Cures  
wrap

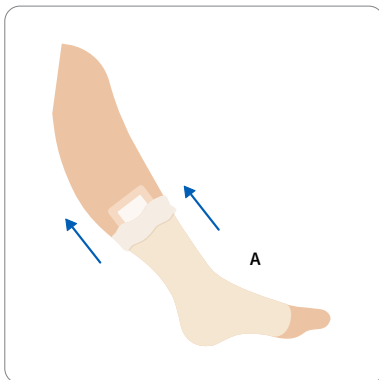


C. Compression  
gauge



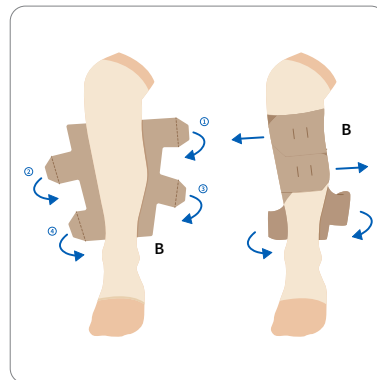
D. Sock

### QUICK GUIDE



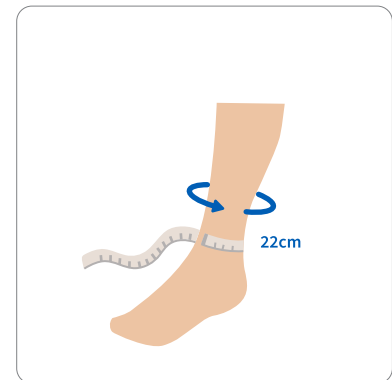
#### Step 1

If you have any ulcers, you need to dress the ulcers as normal and you can either secure those with: 1) the yellow stocking net; or 2) the undersleeve liner.



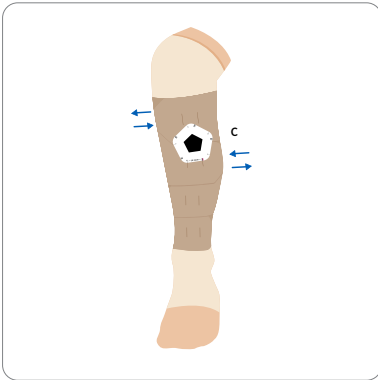
#### Step 2

Apply the wrap loosely to start with. Apply it nice and flat and then adjust the strength.



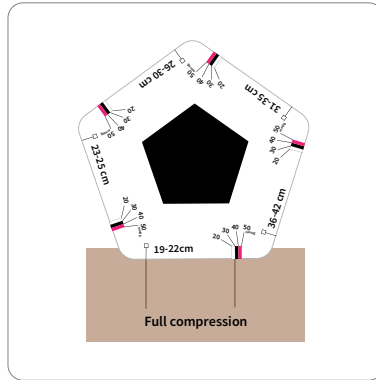
#### Step 3

Use a measuring tape to measure your ankle circumference and the wrap will already be set for you when you are expected to put it on.



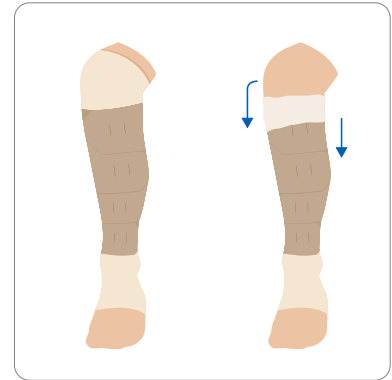
### Step 4

Use the compression gauge to set the correct compression range. Select the correct edge of the gauge for your ankle size. For example, if your ankle is 22cm, select the 19-22cm edge.



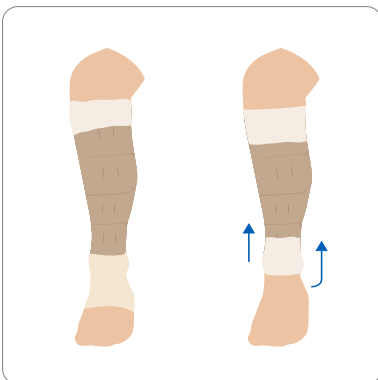
### Step 5

For each segment of the wrap, set the distance between the two marks on the bandage to the length on your gauge. If you want full compression go for the black edge of the mark (40), if you want less compression, go for the white edge of the mark.



### Step 6

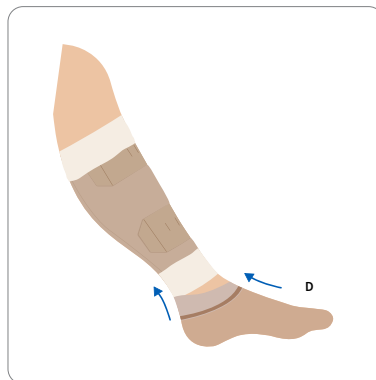
Fold the undersleeve down at the top, near the knee.



### Step 7

Fold the undersleeve up at the bottom of the leg, near the ankle.

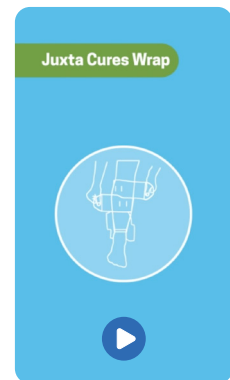
**Note:** Most people are ok to use the sock. But if you find it's too tight, it's possible to wear without the sock.



### Step 8

Apply the sock over everything because it's quite tight at the top.

**Note:** If you have got any swelling on your leg and you put the sock underneath the wrap it can dig into your leg. While over everything there will be no problems.



### Video

To watch the video with more detailed instruction please go to:

<https://vimeo.com/404265290>